

# **Liturgy Times**

#### **SUNDAY:**

8:30am, 10:00am.

Children's Liturgy during school term

TUESDAY: 8:30am Adoration, 9.15am

Mass

WEDNESDAY: 7:00am THURSDAY: 9:15am

FRIDAY: 8:30am Adoration, 9.15am Mass

SATURDAY: 9:00am

(Adoration and Reconciliation after

Mass)

5:00pm (Vigil Mass)

**SACRAMENT OF RECONCILIATION** 

Saturday: 9:30-10:00am; 4:25-4:50pm



#### **Pastoral Team:**

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# Regina Coeli Parish

**Beverly Hills - In the Archdiocese of Sydney** 

# Weekly Newsletter

# The Body and Blood of Christ 2 June 2024

On 2-23 October 2005, the 11th Synod of Bishops took place regarding the topic of 'The Eucharist as the source and summit of the Church's life and mission.' Pope Benedict XVI subsequently issued a post-synodal apostolic exhortation titled 'Sacramentum Caritas.' (The Sacrament of Love) Here are a few of the insights from the document:

The Eucharist is the food of truth. St Augustine said that *truth* is one of the things our souls desires most passionately. After all, why are people addicted to screens if not for the *misplaced* hope of discovering truth? ('Misplaced' because the profound truth which satisfies isn't going to be found via screens, not really.)

Another thing our soul desires most passionately is *freedom*. But, without truth, 'freedom loses its focus...becomes debased, alienated and reduced to empty caprice.' (SC, 2) Hence the reason why Jesus said, 'If you continue in my word, you are truly my disciples, and you will know the truth, and the truth will make you free.' (John 8:31-32)

Pope Benedict XVI wrote that the 'Church's faith is essentially a Eucharistic faith,' which faith is expressed in the liturgy which, in turn, strengthens the same faith. He further wrote, 'The first element of Eucharistic faith is the mystery of God himself, trinitarian love...[Jesus] is the bread of life which the eternal Father gives to mankind.' (SC, 7)

God's love was revealed in the most radical way when Jesus died on the cross, which brought together two freedoms: God's freedom to love us and human freedom to say yes and become an instrument of God's love. Jesus is the Paschal Lamb who brought about the new and eternal covenant, the radical newness of which is contained in the Eucharist. (SC, 9)

At the Last Supper, Jesus was already anticipating and making present what was still to happen, namely, his death and resurrection. Therefore, when we do what Jesus commanded us by participating in the memorial of the Paschal Mystery, we are not only recalling the past but also making it present here and now. This, in turn, anticipates what is still to come, namely, the future. But what kind of future?

'The substantial conversion of bread and wine into his body and blood introduces within creation the principle of a radical change, a sort of "nuclear fission," ...which penetrates to the heart of all being, a change meant to set off a process which transforms reality, a process leading ultimately to the transfiguration of the entire world, to the point where God will be all in all.' (SC,11)

I have been under the weather during the week, hoping to be well enough for the weekend. Although my current state is not too bad, I might still be sickly enough to make the experience unpleasant for everyone around me, if I were to return to public ministry. Fortunately, Fr Paul Hilder has been very generous in responding to all our liturgical needs. Please thank him and pray for him! Wishing everyone a peaceful weekend and a fruitful week. Stay healthy!

- Fr Peter -

## The Week Ahead

Sun 2 June Corpus Christi	8.30am 10.00am	Mass Mass
Mon 3 June Charles Lwanga		No Mass
Tue 4 June	9.15am 9.50am	Mass Reconciliation 5G
Wed 5 June St Boniface	7.00am 9.00am	Mass Adoration with Yrs4&6
Thu 6 June St Anthony	9.15am <b>10.30am</b>	Mass Funeral Mass for Joseph Tonitto
Fri 7 June Sacred Heart	9.15am	Whole School Mass Followed by Rosary
Sat 8 June Immaculate Heart	9:00am 9:30- 9:55am	Mass Adoration & Reconciliation
	4:15- 4:45pm 5.00pm	Reconciliation  Mass
Sun 9 June	8.30am	Mass
10th Sunday OT	10.00am	Mass

#### **Recently Deceased**

Joseph Tonitto, Florita Del Carmen, Mimma Vozzo, Pat McCoy, Frances Jones, Bill McGrath, Carmelina Sassano, Lucita Lucena, Tony Deng, Val Green, Rula Hanna, Terence Wall, Anton Mandich, Pat Mortimer, Patricia Johnson

#### In Loving Memory

Jeanette Cardoz, Vlado Trempus, Gail Moore, Patricia Johnson, Theresa & Edward Cantwell, Margaret and Noel Staines, Keith Coyle, Kevin Weeks, Maria Debono, Assia & Damian Dagher, Peter Pezzutti, Donato Tozzi, Donato Carnevale, Peter Peters, Frank Capra, Bob Henderson.

Please remember those who are in ill health especially: David Kuk, Sr Patricia Nichols OP, Josephina Gayed, Betty Meaney, Monica Costa, Ronnie Gaudry, Steve Ghantons, Vincent Roberts, Lucy Blundell, Ryan Henderson, Dennis McInerney, Mary Patricia Hanrahan, Mitchell Morris, Brian Moore, Josephina Algozzino, Damiano Serravalle, Mary Daniels, Anne Kensey, Geoff McDowell.

#### Parish Rosary Statue

This week
the parish Rosary statue will be
welcomed into the home of
Mrs K. Peters



Parish Secretary 9554 8155 Tuesday & Friday 10.30am-4.00pm

Youth Group rcyg77@gmail.com Sacramental Coordinator/ PSSO Mrs Elizabeth Gooley 9554 8155 reginasacramental@gmail.com Tuesday & Friday from 10.30am - 4.00pm

#### **School Principal**

Mrs Lee Scola Asst. Principal Mr Peter Busch

**REC** Ms Lisa Scott

#### **REGINA COELI FORMS**

You may have noticed that the volunteer form has returned at the church doors. This form is for new parishioners to introduce themselves and/or to become a volunteer at Regina Coeli, which all parishioners are welcome to do. The other side of the form is labelled "Suggestions." You might like to make comments or suggestions for the parish. Your name and contact details here are optional.

Both volunteering and offering suggestions are greatly appreciated. They are some ways of spreading Christ's message of caring for each other and building a Christian, happy community. Completed forms can be put into the large black box on the table at the entrance on Our Lady's Altar side of the church.

# 2024 SYDNEY Homeless Persons' Memorial Service















# First Friday Monthly Rosary

A book for petitions is on the Altar rails in Our Lady's Chapel. Petitions will be included in Our Holy Rosary starting at 10am on Friday 7th June. All welcome.

Regina Coeli Grief Support Group. rcgrief@gmail.com Ph:95548155



Last Weekend	
26 May 2024	

2nd Collection	\$1827.50
1st Collection	\$1062.30
Cashless Giving	\$360

Atten	dance
Vigil	108
8.30AM	140
10AM	~170
Total	~418

Sunday school at Regina Coeli is a relatively new development in the history of parish ministries. Starting from Fr Arthur Givney's ask for volunteers, the first lesson was in about October 2010 and had an overwhelming response with about 70 kids. Since then, the ministry has grown and not missed a Sunday during school term, (except for during COVID and unless there is Holy Communion.) Composed currently of a team of 6 teachers (including two brand new teachers, sisters who are very familiar to all, Miss Sarah and Miss Stephanie B who teach together also Miss Karen, Miss Lisa P, Miss Ankita and Miss Jane) and 18 volunteer helpers (which includes 6 high school helpers). Currently our wonderful helpers include Annaleise, Daisy, Elizabeth, Harry, Leng, Lisa D, Lily W, Michaela K, Patrizia and her daughter Jasmine, Rita F, Sumi and her daughters Victoria and Jocelyn, and Tina and daughter Mia, Thalia, and our newest high school helper Sophia S.



Sunday school lessons are lovingly and thoughtfully prepared by the teachers for class sizes ranging from about 20-35 usually to at times up to 130 or so children. Helpers assist with ensuring the lesson runs smoothly including crowd control, crossing the road, looking after the children and helping them with activities and setting up for Sunday school and packing up.

But why do our teachers teach and help. In their words:

"My favourite thing about children's liturgy is listening to the kids responses and how they make connections with the real world. "Lisa P - Sunday school teacher

"My favourite part about being a helper at the children's liturgy program, is witnessing the wonder and curiosity it ignites in young minds. Seeing children engage with profound concepts through storytelling and interactive activities is very heartening." Annaleise: Sunday school helper

"I like to help with sunday school because I want to help out more with church. I enjoy working with children. Those little kids are amazing. I love helping the little kids with their activities like colouring and writing about Jesus n God." Leng: Sunday school helper

"Being a Sunday children's liturgy helper is enjoyable. It is a highlight of my week. But beyond the fun, there's something special about being part of their journey with God. Whether we're acting out stories, doing crafts, or just chatting about life, it's amazing to see the kids connect with their faith in their own unique ways. Plus, being a part of this community and getting to know the families better has been such a gift. It's like we're all in this together, helping each other grow in faith and love." Harry: Sunday school helper

"I am delighted to share my experience with Sunday school. It means a lot to me I am not only sending my children to Sunday school, but I also get to help them with their activities. I'm afraid that because of my busy schedule, we frequently attend different mass times. But Whenever I help out, it gives me happiness and satisfaction. I see all of the Sunday school teachers working so hard to bring children closer to God. They plan a lot of activities on their own time . I know everyone is busy, but they make time for this. Our children are really fortunate to have such wonderful helpers. I know that not having any family in Australia makes me feel like I have a great community and parish around me. It also allows me to do something for my parish." Daisy T: Sunday school helper



"My favourite thing about Sunday School and reason for helping there is how I am able to help out and support my church community! The added fun and excitement when crafting things with the children is a great bonus too. I also enjoy helping out because I was once a child in the classes, and this feels like my way of paying back the community for my childhood days!" Jocelyn A - Sunday school high school helper

So if you now feel so inspired to help, young or old, big or small, please consider volunteering. Help is always needed and no experience is necessary. You will see how wise (and funny) our children can be at times. Just bring your love of God and be open to sharing that love with others and God certainly does the rest. We also wish to thank you from the bottom of our hearts for allowing us the great privilege to minister to your children over these years, God bless, the Sunday School Team.

## The Most Holy Body and Blood of Christ, Year B

#### First Reading Ex 24:3-8

This is the blood of the Covenant that the Lord has made with you.

Moses went and told the people all the commands of the Lord and all the ordinances. In answer, all the people said with one voice, 'We will observe all the commands that the Lord has decreed.' Moses put all the commands of the Lord into writing, and early next morning he built an altar at the foot of the mountain, with twelve standing-stones for the twelve tribes of Israel. Then he directed certain young Israelites to offer holocausts and to immolate bullocks to the Lord as communion sacrifices. Half of the blood Moses took up and put into basins, the other half he cast on the altar. And taking the Book of the Covenant he read it to the listening people, and they said, 'We will observe all that the Lord has decreed; we will obey.' Then Moses took the blood and cast it towards the people, 'This' he said 'is the blood of the Covenant that the Lord has made with you, containing all these rules.'

## Responsorial Psalm

Ps 115:12-13. 15-18. R. v.13

(R.) I will take the cup of salvation, and call on the name of the Lord.

(R.) Alleluia!

- How can I repay the Lord for his goodness to me? The cup of salvation I will raise; I will call on the Lord's name. (R.)
- O precious in the eyes of the Lord is the death of his faithful.
   Your servant, Lord, your servant am I; you have loosened my bonds. (R.)
- A thanksgiving sacrifice I make: I will call on the Lord's name. My vows to the Lord I will fulfil before all hizs people. (R.)

# Second Reading Heb 9:11-15

The blood of Christ will purify our inner selves.

Now Christ has come, as the high priest of all the blessings which were to come. He has passed through the greater, the more perfect tent, which is better than one made by men's hands because it is not of this created order; and he has entered the sanctuary once and for all, taking with him not the blood of goats and bull calves, but his own blood, having won an eternal

redemption for us. The blood of goats and bulls and the ashes of a heifer are sprinkled on those who have incurred defilement and they restore the holiness of their outward lives; how much more effectively the blood of Christ, who offered himself as the perfect sacrifice to God through the eternal Spirit, can purify our inner self from dead actions so that we do our service to the living God.

He brings a new covenant, as the mediator, only so that the people who were called to an eternal inheritance may actually receive what was promised: his death took place to cancel the sins that infringed the earlier covenant.

#### Gospel Acclamation Jn 6:51-52

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;

whoever eats this bread will live for ever. Alleluia!

#### Gospel Mk 14:12-16, 22-26

This is my body. This is my blood.

On the first day of Unleavened Bread, when the Passover lamb was sacrificed, his disciples said to Jesus, 'Where do you want us to go and make the preparations for you to eat the passover?' So he sent two of his disciples, saying to them, 'Go into the city and you will meet a man carrying a pitcher of water. Follow him, and say to the owner of the house which he enters, "The Master says: Where is my dining room in which I can eat the passover with my disciples?" He will show you a large upper room furnished with couches, all prepared. Make the preparations for us there.' The disciples set out and went to the city and found everything as he had told them, and prepared the Passover.

And as they were eating he took some bread, and when he had said the blessing he broke it and gave it to them. 'Take it,' he said 'this is my body.' Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them, 'This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God.'

After psalms had been sung they left for the Mount of Olives.



### Reflection by Dianne Bergant CSA

The readings, which reflect some aspect of the feast, feature three prominent themes: the importance of blood in the ratification of the covenant; the atoning actions of Christ; the attitude of thanksgiving.

Most people today would probably be repelled by the ritual use of blood. Yet birth blood is not subject to the same revulsion, nor is blood transfusion frowned upon. Blood is recognised as a life force, and blood relationships are cherished. In a sense this ritual makes us blood sisters and brothers of God and of each other. It seals our fate and it entitles us to the family inheritance.

This feast celebrates the incomparable love of Christ. He offered himself for the expiation of our sins; he spread a banquet table for us at which we are able to eat the bread of companionship and share the blood of the new covenant.

How shall we make a return to the Lord for all the good that we have received? The only appropriate response to God's graciousness is thanksgiving (eucharistía ). We have been chosen; we have been delivered; we have a witness in heaven; and now we have been given the bread of eternal life and the blood of salvation. What return can we give? A life of gratitude lived in the presence of God; a life of union with all those who eat the same bread and drink from the same cup; a life of faithful expectation, waiting for the coming of the reign of God in all its fullness.

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